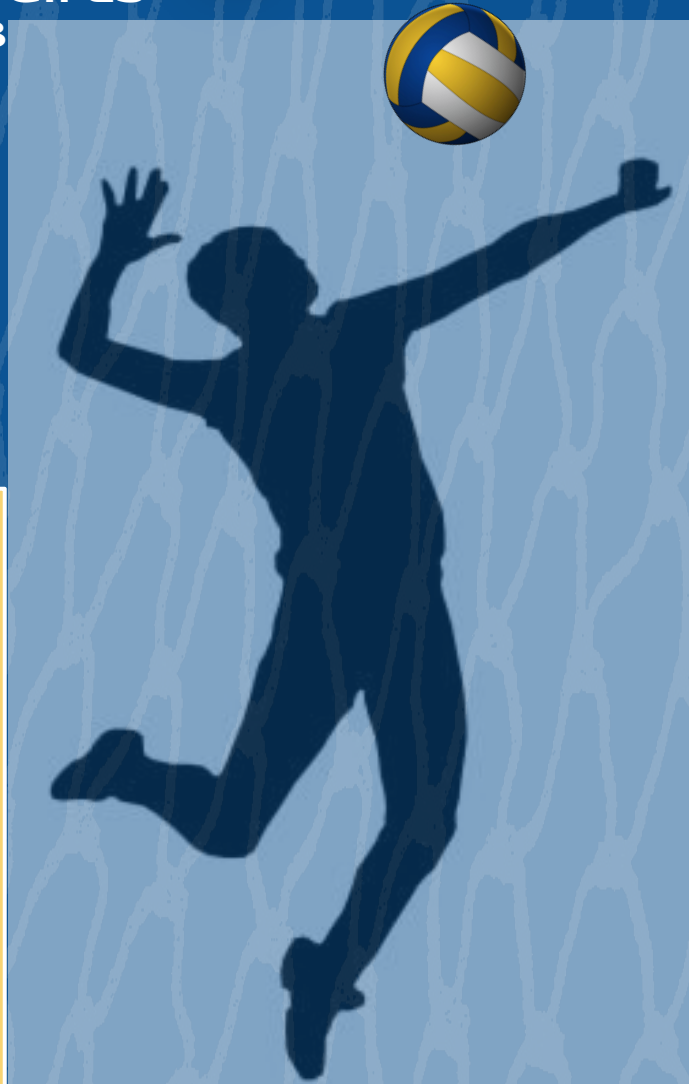


# Co-Ed Volleyball

FOR GUYS AND GIRLS  
AGES 9-18

LEARN THE FUNDAMENTAL  
SKILLS:  
SERVE...PASS  
SET...HIT

This class will teach the basic fundamental volleyball skills thru weekly drills and training. No prior knowledge of volleyball is needed. Each class will also focus on improving core strength and vertical jump. All students will be expected to participate and give a good effort at learning these skills. Students must be dressed in exercise clothes and have proper gym shoes in order to participate.



Tuition: \$300

Payment Option: \$150 due Sept 2022;  
\$150 due January 2023

### LAMP Families:

Any tuition balances not covered by LAMP are due on October 26, 2022.

LAMP families must self-pay any missed payments due to a student not completing LAMP requirements.

CONTACT: Gail True 269-532-3479 [thetrues@att.net](mailto:thetrues@att.net)

Gail is a 1990 graduate of Elmhurst College where she double majored in business and geography. She was a three-sport athlete in high school and played four years of competitive volleyball at Elmhurst. She helped coach the Kalamazoo Cougars JV/V Volleyball teams for five years and currently helps with the Kalamazoo Premier Volleyball teams. Gail and Tim have graduated four of their six children and have been actively involved locally in a variety of homeschool organizations for 17+ years. They worship and serve at Gracespring Bible Church in Richland.