

Mom's Ministries

REACH KZOO MINISTRIES FOR MOMS. AVAILABLE WEDNESDAYS
THROUGHOUT LIGHTHOUSE CHURCH CAMPUS.

1st Period **Barre Workout** [8:30am-9:50am]

Join Caitlin Brown for a Barre workout each Wednesday in the Gym. Barre focuses on low impact, high intensity moves that improve strength, flexibility and mobility. Babies + littles are welcome to tag along with Mom. Drop in is \$5/week. First class is free!

Prayer Group [9:55am - 11:15am] *2nd Period*

Prayer group is a time for Moms and guardians to get together to cover needs in prayer and to fellowship. Join Kerri Archie and other REACH Mom's during second period in the main lobby for this special time of prayer and connection!

3rd Period **Connect/Social Hour** [11:20am - 12:40pm]

Lead by REACH Mom, Jen Schaap, women will be invited to sit down, sip a beverage + unwind while we catch up. Sharing what's been on our hearts, brainstorming homeschool projects + seeing how we can support one another. There will be laughs, snacks, games and opportunities to introduce yourself and connect with the other ladies.

Mom's Bible Study [1:10pm - 2:35pm] *4th Period*

Mom's Bible Study meets fourth period in the Bronson Park lobby. The intention is to provide four bible studies over the course of the school year. Studies will run between 4-10 weeks each, and will each be led by a different Reach mom.

5th Period **Watercolor Club** [2:40pm - 4:00pm]

Fifth hour moms can join Bethany Eisenga in the office lounge. Reignite your love for art, learn a new technique or simply watch with wonder as the colors blend on the page! Use our supplies, or bring your own art or craft project. Children are welcome to join. Kids 7yrs and younger may join if accompanied by an adult.

Littles Play Area [9:55am - 2:35pm] *2nd -4th Periods*

We are so excited to once again offer a fun, designated space in the lobby for parents with littles. This is a great space for Moms to connect, and for their babies + young children to play!