

Co-Ed Volleyball

FOR GUYS AND GIRLS
AGES 9-18

LEARN THE FUNDAMENTAL
SKILLS:
SERVE.... PASS
SET.... HIT

This class will teach the basic fundamental volleyball skills thru weekly drills and training. No prior knowledge of volleyball is needed. Each class will also focus on improving core strength and vertical jump. All students will be expected to participate and give a good effort at learning these skills. Students must be dressed in exercise clothes and have proper gym shoes in order to participate.

Tuition: \$350

Payment Option: \$200 due Sept 2025;
\$150 due January 2026



LAMP Families:

Any tuition balances not covered by LAMP are due in January 2026.

LAMP families must self-pay any missed payments due to a student not completing LAMP requirements.

COACH GAIL TRUE: 269-532-3479 thetrues@att.net

COACH JEN RYAN: 937-912-1674 connectwithjen@gmail.com

Coach True and Coach Ryan both love teaching students the great game of volleyball! Their boys currently play competitive high school volleyball. Coach Ryan heads up the Kalamazoo Cougars Boys Volleyball teams (14U, JV, Varsity). Coach True leads the Kalamazoo Premier Volleyball teams and program.. Jen serves alongside her husband Sean who is the lead pastor at Bethel Baptist in Parchment. Gail and her husband Tim worship and serve at Gracespring Bible Church in Richland.