

# BEGINNER COOKING CLASS

## GRADES: K-2

In this class we will work on kitchen safety, learning measurements, utensils, and nutrition. The kids will be making simple recipes with help that they can use to make food at home. We will be discussing the food groups and comparing different foods within the groups. We will be talking about healthy vs. unhealthy options. We will also be talking about where their food comes from and building a foundation for future classes. They will be able to sample the foods they make in class and hopefully have enough for you to try their foods too.

### MATERIALS AND FEES

Material fee: \$120 due at time of registration and is nonrefundable.

Tuition: \$350/yr. Payable in full, LAMP, or by semester. \$175 due Sept. 3rd, and the remaining \$175 due Jan. 14th, 2026.

A welcome letter will be sent with more info.

### REQUIREMENTS

A positive attitude

Willingness to try the foods we make

### LAMP FAMILIES

Lamp families are responsible for any balance that is not paid by LAMP. This balance is due by November 5th, 2025. Families are also required to cover any missed payments due to dropping classes after the 2nd week or not meeting LAMP requirements.

### SELF PAY FAMILIES

If payment arrangements haven't been made and money has not been received by the dates mentioned above there will be a weekly late fee of \$10.



### ABOUT THE INSTRUCTOR

Danielle Rhoades is a mother of 3. This is her fifth year homeschooling and second year as a cooking instructor at REACH. She is a certified herbalist, hobby farmer, and business owner. She loves teaching people of all ages. She has a passion for using what God has provided for us all and showing others how to as well. She believes everyone should have a love for cooking. It can provide you a lifetime of happiness and healthy living

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